



Because of you, life doesn't stop.

The Church of Jesus Christ of Latter-day Saints Blood Drive

Thursday, June 23rd

2:30pm – 6:00pm

2745 Eastern Ave.

[Click here to make an appointment](#)

Tips for your donation:

- Please bring a Photo I.D.
- Drink plenty of water the day before and day of donation – drink two to three 8-ounce bottles of water two hours prior to donation.
- Eat a hearty meal two hours before your donation.
- Complete the Fast Track online questionnaire on the day of your appointment – www.vitalant.org/health

Or log onto: Donors.vitalant.org, Click on
Blood Drive Code, Enter Blood Drive Code:

SMFR462



GIVE BLOOD Vitalant.org

vitalant 
SM